

Willamette University Omnium

March 16th-17th 2013

Northwest Collegiate Cycling Conference

Held Under USA Cycling Permit Number 2013-834

CAPITOL VELO



RR Schedule

08:30 Men's C: 3 laps

08:35 Men's D: 2 laps

08:40 Women's B: 3 laps

12:00 Men's A: 7 laps

12:05: Men's B: 5 laps

12:10 Women's A: 5 laps

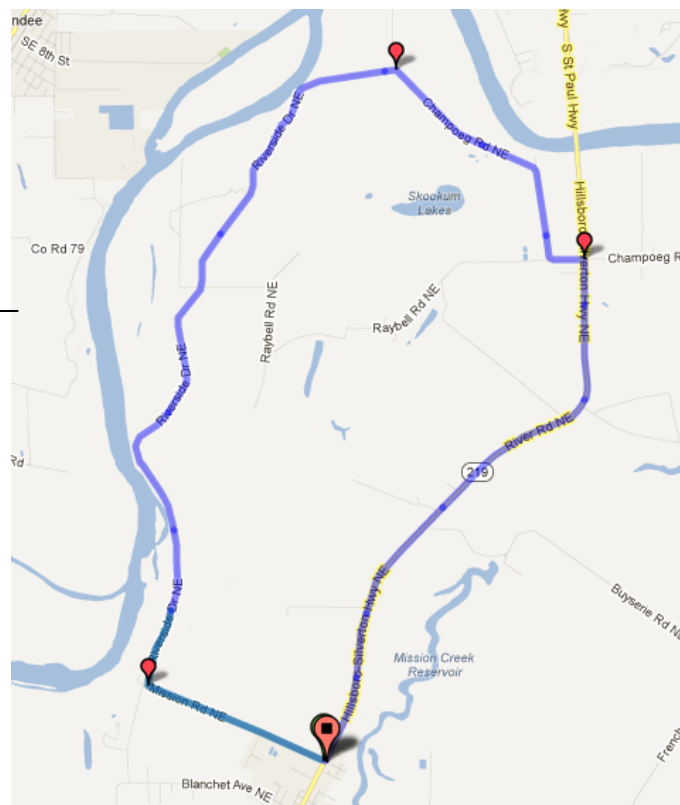
Registration 7:00—8:00

Staging/Start at St. Paul High School parking lot

**20449 Main St. NE,
ST. Paul Oregon 97137**

Each lap is 11 miles (FLAT)

Finish on Mission Road



TTT: Start order

Men's D

Women's B

Men's C

Women's A

Men's B

Men's A

First team off at 4:30 pm

Start times posted at staging

Course:

Out and back using RR course roads

Start on Mission Road, North on Riverside Dr. until 5 miles out. Turn around and return to Mission Road.

Total Length 10 miles

\$5 per Rider

Team order will be posted by 2:00 pm

30 second gaps between teams and 2 minute gaps between categories.

<http://ridewithgps.com/routes/2209533>

<http://ridewithgps.com/routes/2209537>



TREK



Directions to Road Race/TT course from Salem:

Take 1-5 North from Salem

Take exit 271 in Woodburn

Turn Left onto HWY 214 (Sign towards St. Paul)

Turn Right onto HWY 219 N/French Prairie RD



Pringle Creek Criterium



Criterium Schedule

Registration—7:00-7:30

08:00 Men's D: 20 minutes

08:30 Men's C: 30 minutes

09:10 Women's B: 30 minutes

09:50 Men's B: 45 minutes

10:45 Women's A: 45 minutes

11:40 Men's A: 60 minutes

Course Length: Approx. .7 miles

3911 Village Center Dr. SE, Salem, OR 97302

Directions to Criterium Course from 1-5

Take Exit 253 towards Salem/22

Turn South/Left onto 25th St.

Turn West/Right onto Madrona Ave SE

Turn South/Left onto Fairview Industrial Drive SE

Take the first right onto Lindburg Rd

Take the first right onto Village Center Dr SE

\$20 Entry Fee for Criterium

Litter is strictly not allowed at Pringle Creek

Contact information/Housing:

Kevin Bernstein, kbernste@willamette.edu, 801-574-7730

Alex Kohan, Akohan@willamette.edu 503-884-4721

Parking note:

Salem Keizer Food and Nutritional Center will be open for parking outside of the course.

Lindburg Rd will be open for parking on southbound lane, accessed from the southeast end.

Parking will also be available inside of the course. (Only open before and after the races take place)

Do Not Park on the Grass.

Course information:

Start/Finish line is the red line on the map, on the north end of the course

Porta-Potties will be located at the south end of the course.

Willamette Emergency Medical Services onsite

